

**TWIN RIVERS AREA  
NARCOTICS ANONYMOUS  
MEETING LIST**



**JULY 2024**

[www.twinriversna.org](http://www.twinriversna.org)

**Meetings Throughout:**

Easton • Bethlehem • Nazareth •  
Hellertown • Stroudsburg • Bangor, PA  
Phillipsburg • Belvidere, NJ  
*As Well As the Lehigh Valley & Poconos*

**Mid-Atlantic Region of Narcotics  
Anonymous Website:**

[MARSCNA.org](http://MARSCNA.org)

**Little Apple Area**

Helpline: (610) 439-1998

**Pocono Mountain Area**

Helpline: (570) 421-6618

**T.R.A.N.A.  
P.O. Box 3651  
650 S Greenwood Avenue  
Easton PA, 18045**

Please send updates and corrections to:  
[TwinRiversNA@Outlook.com](mailto:TwinRiversNA@Outlook.com)

**More information about NA:**  
[www.NA.org](http://www.NA.org)

IF YOU ARE INTERESTED IN STARTING A  
MEETING, BRING YOUR THOUGHTS TO AREA  
SERVICE – WE’D LOVE TO HELP!

THE 3RD SATURDAY OF EACH MONTH  
**2906 WILLIAM PENN HIGHWAY, PALMER  
RECOVERY CENTER @1:30 PM**

**SUNDAY**

**5:00 PM A Ray of Rainbow Hope**  
Metropolitan Community Church  
2354 Grove Rd.  
Allentown, PA 18109  
 LGBTQ+

**7:00 PM Westside Sunday Night**  
Wesley United Methodist  
2540 Center St.  
Bethlehem, PA 18017  
 1hr 15m  
**Open 6pm Step writing**

**7:30 PM Sunday Night Meeting**  
Phillipsburg Alliance Church Annex Bldg  
255 Lincoln St.  
Phillipsburg, NJ 08865

**MONDAY**

**7:00 AM Morning Hope Dealers**  
<https://zoom.us/j/451321885>  
Meeting ID: 451-321-885  
Password: 000000

**6:00 PM Another Creative Action**  
College Hill Moravian Church  
72 W. Laurel Street  
Bethlehem, PA 18018

**7:30 PM Serenity by the River**  
Wesley United Methodist Church  
35 Miller St.  
Phillipsburg, NJ 08865

**TUESDAY**

**7:00 AM Morning Hope Dealers**  
<https://zoom.us/j/451321885>  
Meeting ID: 451-321-885  
Password: 000000

**1:00 PM Unity on Union**  
Easton Housing Authority  
40 North Union St.  
Easton, PA 18042

**7:00 PM Freedom Thru Fellowship**  
Advent Moravian Church  
3730 Jacksonville Rd.  
Bethlehem, PA 18017

**7:30 PM The Acceptance Group**  
Wesley United Methodist  
2540 Center St.  
Bethlehem, PA 18017  
   
**Open 6:30 for Step writing**

**7:30 PM Primary Purpose**  
College Hill Presbyterian  
501 Broadhead St.  
Easton, PA 18042

**WEDNESDAY**

**7:00 AM Morning Hope Dealers**  
<https://zoom.us/j/451321885>  
Meeting ID: 451-321-885  
Password: 000000

**12:00 PM Victory at Noon Meeting**  
Palmer Recovery Center  
2906 William Penn Highway  
Easton, PA 18045

**7:00 PM One Primary Purpose**  
The Hope Center  
429 E. Broad St.  
Bethlehem, PA 18018  
 1hr 15m

**7:30 PM A Safe Place**  
St. John’s Lutheran Church  
200 South Broad St.  
Nazareth, PA 18064

**7:30 PM The W.I.T.S. Group**  
Christ United Methodist Church  
400 West Berwick St.  
Easton, PA 18042

**THURSDAY**

**7:00 AM Morning Hope Dealers**  
<https://zoom.us/j/451321885>  
Meeting ID: 451-321-885  
Password: 000000

**7:00 PM The Message Group**  
Hope Springs Community of Faith  
301 Market St.  
Bangor, PA 18013

**7:00 PM Spiritual Foundation**  
St. Peters Evangelical Lutheran Church  
474 Vine St.  
Bethlehem, PA 18015

**7:30 PM Life After Death**  
St. John’s Lutheran Church  
330 Ferry St.  
Easton, PA 18042

**FRIDAY**

**7:00 PM One Addict Helping Another**  
A Clean Slate  
118 South 1<sup>st</sup> St (Route 191)  
Bangor, PA 18013

**7:00 PM Friday Night Meditation**  
Advent Moravian Church  
3730 Jacksonville Rd.  
Bethlehem, PA 18017

**7:30 PM Gift of Life**  
Christ United Methodist Church  
400 West Berwick St.  
Easton, PA, 18042

**SATURDAY**

**8:00 AM Morning Hope Dealers**  
<https://zoom.us/j/451321885>  
Meeting ID: 451-321-885  
Password: 000000

**10:00 AM Creative Action**  
The Hope Center  
429 E. Broad St.  
Bethlehem, PA 18018  
 1hr 15m

**5:30 PM The Comeback Group**  
Northbound Community Recovery  
6258 US Route. 209  
Stroudsburg, PA 18360

**7:30 PM Freedom Through Fellowship**  
Advent Moravian Church  
3730 Jacksonville Rd.  
Bethlehem, PA 18017

**7:30 PM Serenity by the River**  
Wesley United Methodist Church  
35 Miller St.  
Phillipsburg, NJ 08865

**SUGGESTIONS:**

**GO TO A MEETING AND DON’T USE.  
ATTEND A MEETING A DAY FOR 90 DAYS.  
GET A HOME GROUP AND GET INVOLVED.  
COME EARLY AND STAY LATE.  
AVOID PEOPLE, PLACES, AND THINGS YOU  
USED WITH OR AT.  
GET A SPONSOR.  
GET PHONE NUMBERS AND DIAL THEM.  
KEEP COMING BACK – IT WORKS!**

**TWIN RIVERS SERVICE MEETINGS:**

**3rd Saturday of Each Month**  
*2906 William Penn Highway, Palmer Recovery  
Center @1:30PM*

**Note: Service meetings are not regular  
Narcotics Anonymous recovery meetings,  
however, they are open and available to  
addicts of all clean times and experience  
to participate in or observe.  
There are no clean time requirements to  
join a subcommittee, though there are  
various clean time requirements for many  
of the available service positions. All  
addicts are encouraged to get involved  
with service and the subcommittees  
provide many opportunities to be of  
service within the fellowship.**

**Handicap Accessible**

**No Smoking**

**Women’s Meeting\***

**Men’s Meeting\***

**Candlelight Meeting**

**No Children**

**Open Meeting, all are welcome**

**Closed Meeting, addicts only**

**Online Meeting**

**Meditation Meeting**

**Outdoor Meeting**

**Step Writing Meeting**

## GET PHONE NUMBERS & USE THEM!

### WHO IS AN ADDICT?

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death

### WHY ARE WE HERE?

Before coming to the Fellowship of NA, we could not manage our own lives. We could not live and enjoy life as other people do. We had to have something different and we thought we had found it in drugs. We placed their use ahead of the welfare of our families, our wives, husbands, and our children. We had to have drugs at all costs. We did many people great harm but most of all we harmed ourselves. Through our inability to accept personal responsibilities we were actually creating our own problems. We seemed to be incapable of facing life on its own terms. Most of us realized that in our addiction we were slowly committing suicide, but addiction is such a cunning enemy of life that we had lost the power to do anything about it. Many of us ended up in jail or sought help through medicine, religion, and psychiatry. None of these methods was sufficient for us. Our disease always resurfaced or continued to progress until in desperation we sought help from each other in Narcotics Anonymous. After coming to NA, we realized we were sick people. We suffered from a disease from which there is no known cure. It can, however, be arrested at some point and recovery is then possible.

### WHAT IS THE NA PROGRAM?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA.

We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

### 12 STEPS OF NARCOTICS ANONYMOUS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

### 12 TRADITIONS OF NARCOTICS ANONYMOUS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.