

**TWIN RIVERS AREA
NARCOTICS ANONYMOUS
MEETING LIST**



APRIL 2024

www.twinriversna.org

Meetings Throughout:

Easton • Bethlehem • Nazareth •
Hellertown • Stroudsburg • Bangor, PA
Phillipsburg • Belvidere, NJ
As Well As the Lehigh Valley & Poconos

**Mid-Atlantic Region of Narcotics
Anonymous Website:**

MARSCNA.org

Little Apple Area

Helpline: (610) 439-1998

Pocono Mountain Area

Helpline: (570) 421-6618

T.R.A.N.A.
P.O. Box 3651
650 S Greenwood Avenue
Easton PA, 18045

Please send updates and corrections to:
TwinRiversNA@Outlook.com

More information about NA:
www.NA.org

IF YOU ARE INTERESTED IN STARTING A
MEETING, BRING YOUR THOUGHTS TO AREA
SERVICE – WE'D LOVE TO HELP!

THE 3RD SATURDAY OF EACH MONTH
**2906 WILLIAM PENN HIGHWAY, PALMER
RECOVERY CENTER @1:30 PM**

SUNDAY

5:00 PM A Ray of Rainbow Hope
Metropolitan Community Church
2354 Grove Rd.
Allentown, PA 18109

7:00 PM Westside Sunday Night
Wesley United Methodist
2540 Center St.
Bethlehem, PA 18017
 Open 6pm Step writing

7:30 PM Sunday Night Meeting
Phillipsburg Alliance Church Annex Bldg
255 Lincoln St.
Phillipsburg, NJ 08865

MONDAY

7:00 AM Morning Hope Dealers
<https://zoom.us/j/451321885>
Meeting ID: 451-321-885
Password: 000000

6:00 PM Another Creative Action
College Hill Moravian Church
72 W. Laurel Street
Bethlehem, PA 18018

7:30 PM Serenity by the River
Wesley United Methodist Church
35 Miller St.
Phillipsburg, NJ 08865

TUESDAY

7:00 AM Morning Hope Dealers
<https://zoom.us/j/451321885>
Meeting ID: 451-321-885
Password: 000000

1:00 PM Unity on Union
Easton Housing Authority
40 North Union St.
Easton, PA 18042

7:00 PM Freedom Thru Fellowship
Advent Moravian Church
3730 Jacksonville Rd.
Bethlehem, PA 18017

7:30 PM The Road Less Traveled
Wesley United Methodist Church
35 Miller St.
Phillipsburg, NJ 08865

7:30 PM The Acceptance Group
Wesley United Methodist
2540 Center St.
Bethlehem, PA 18017
 Open 6:30 pm Step writing

7:30 PM Primary Purpose
College Hill Presbyterian
501 Broadhead St.
Easton, PA 18042

WEDNESDAY

7:00 AM Morning Hope Dealers
<https://zoom.us/j/451321885>
Meeting ID: 451-321-885
Password: 000000

12:00 PM Victory at Noon Meeting (Hybrid)
Palmer Recovery Center
2906 William Penn Highway
Easton, PA 18045
Meeting ID: 829-7348-6193
Password: 000000

7:00 PM One Primary Purpose
The Hope Center
429 E. Broad St.
Bethlehem, PA 18018

7:30 PM A Safe Place
St. John's Lutheran Church
200 South Broad St.
Nazareth, PA 18064

7:30 PM The W.I.T.S. Group
Christ United Methodist Church
400 West Berwick St.
Easton, PA 18042

THURSDAY

7:00 AM Morning Hope Dealers
<https://zoom.us/j/451321885>
Meeting ID: 451-321-885
Password: 000000

7:00 PM The Message Group
Hope Springs Community of Faith
301 Market St.
Bangor, PA 18013

7:00 PM Spiritual Foundation
St. Peters Evangelical Lutheran Church
474 Vine St.
Bethlehem, PA 18015

7:30 PM Life After Death
St. John's Lutheran Church
330 Ferry St.
Easton, PA 18042

FRIDAY

7:00 PM One Addict Helping Another
A Clean Slate
118 South 1st St (Route 191)
Bangor, PA 18013

7:00 PM Friday Night Meditation
Advent Moravian Church
3730 Jacksonville Rd.
Bethlehem, PA 18017

8:00 PM Friday Night Reflections
Belvidere United Methodist Church
219 Hardwick St.
Belvidere, NJ 07823

7:30 PM Gift of Life
Christ United Methodist Church
400 West Berwick St.
Easton PA, 18042

SATURDAY

8:00 AM Morning Hope Dealers
<https://zoom.us/j/451321885>
Meeting ID: 451-321-885
Password: 000000

10:00 AM Creative Action
The Hope Center
429 E. Broad St.
Bethlehem, PA 18018

5:30 PM The Comeback Group
Northbound Community Recovery
6258 US Route. 209
Stroudsburg, PA 18360

7:30 PM Freedom Through Fellowship
Advent Moravian Church
3730 Jacksonville Rd.
Bethlehem, PA 18017

7:30 PM Serenity by the River
Wesley United Methodist Church
35 Miller St.
Phillipsburg, NJ 08865

SUGGESTIONS:

**GO TO A MEETING AND DON'T USE.
ATTEND A MEETING A DAY FOR 90 DAYS.
GET A HOME GROUP AND GET INVOLVED.
COME EARLY AND STAY LATE.
AVOID PEOPLE, PLACES, AND THINGS YOU
USED WITH OR AT.
GET A SPONSOR.
GET PHONE NUMBERS AND DIAL THEM.
KEEP COMING BACK – IT WORKS!**

TWIN RIVERS SERVICE MEETINGS:

3rd Saturday of Each Month
*2906 William Penn Highway, Palmer Recovery
Center @1:30PM*

**Note: Service meetings are not regular
Narcotics Anonymous recovery meetings,
however, they are open and available to
addicts of all clean times and experience
to participate in or observe.**

**There are no clean time requirements to
join a subcommittee, though there are
various clean time requirements for many
of the available service positions. All
addicts are encouraged to get involved
with service and the subcommittees
provide many opportunities to be of
service within the fellowship.**

Handicap Accessible

No Smoking

Women's Meeting*

Men's Meeting*

Candlelight Meeting

No Children

Open Meeting, all are welcome

Closed Meeting, addicts only

Online Meeting

Meditation Meeting

Outdoor Meeting

Step Writing Meeting

GET PHONE NUMBERS & USE THEM!

WHO IS AN ADDICT?

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death

WHY ARE WE HERE?

Before coming to the Fellowship of NA, we could not manage our own lives. We could not live and enjoy life as other people do. We had to have something different and we thought we had found it in drugs. We placed their use ahead of the welfare of our families, our wives, husbands, and our children. We had to have drugs at all costs. We did many people great harm but most of all we harmed ourselves. Through our inability to accept personal responsibilities we were actually creating our own problems. We seemed to be incapable of facing life on its own terms. Most of us realized that in our addiction we were slowly committing suicide, but addiction is such a cunning enemy of life that we had lost the power to do anything about it. Many of us ended up in jail or sought help through medicine, religion, and psychiatry. None of these methods was sufficient for us. Our disease always resurfaced or continued to progress until in desperation we sought help from each other in Narcotics Anonymous. After coming to NA, we realized we were sick people. We suffered from a disease from which there is no known cure. It can, however, be arrested at some point and recovery is then possible.

WHAT IS THE NA PROGRAM?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA.

We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

12 STEPS OF NARCOTICS ANONYMOUS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

12 TRADITIONS OF NARCOTICS ANONYMOUS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.