TWIN RIVERS AREA NARCOTICS ANONYMOUS MEETING LIST

APRIL 2023

www.twinriversna.org

Meetings Throughout:
Easton • Bethlehem • Nazareth • Hellertown • Bangor PA, Phillipsburg, Belvidere, NJ
As Well As the Lehigh Valley & Poconos

Mid-Atlantic Region of Narcotics Anonymous Website:
MARSCNA.org

Eastern Pennsylvania Region Narcotics Anonymous Website:
EPARNA.org

Little Apple Area
Helpline: (610) 439-1998
Pocono Mountain Area
Helpline: (570) 421-6618

T.R.A.N.A.
P.O. Box 1211
Easton PA, 18042

Please send updates and corrections to:
TwinRiversNA@Outlook.com

More information about NA:
www.NA.org

SUNDAY

11:45 AM — Help Is Possible (H.I.P. Group)
O 1h
The Hope Center
429 E. Broad Street Bethlehem, PA
HYBRID
Zoom ID: 820 0945 0461 PW: Hope429

7:00 PM — Westside Sunday Night
O 1h 15m
Light of Christ Lutheran Church
2020 Worthington Ave, Bethlehem, PA
Open 6pm Step writing

7:30 PM — Sunday Night Meeting
O
Phillipsburg Alliance Church Annex Bldg
255 Lincoln St. Phillipsburg, NJ 08865

MONDAY

7:00 AM — Morning Hope Dealers
O 1h
https://zoom.us/j/451321885
Meeting ID: 451-321-885
Password: 000000

6:00 PM — Creative Action
O 1h
72 W. Laurel Street
Bethlehem PA, 18018

7:30 PM — Serenity by the River
O
Wesley United Methodist
35 Miller St. Phillipsburg, NJ

TUESDAY

7:00 AM — Morning Hope Dealers
O 1h
https://zoom.us/j/451321885
Meeting ID: 451-321-885
Password: 000000

7:00 PM — Freedom Thru Fellowship
O
Holy Infancy Church, 312 East 4th St
Bethlehem, PA

7:00 PM — The Road Less Traveled
O
Wesley United Methodist
35 Miller St. Phillipsburg, NJ

7:30 PM — The Acceptance Group
1hr O
Light of Christ Lutheran Church
2020 Worthington Ave, Bethlehem, PA
Open 6:30 for Step writing

7:30 PM — Primary Purpose
O
College Hill Presbyterian
501 Broadhead St, Easton, PA

WEDNESDAY

7:00 AM — Morning Hope Dealers
O 1h
https://zoom.us/j/451321885
Meeting ID: 451-321-885
Password: 000000

12:00 PM — Victory at Noon Meeting
O
Palmer Recovery Center
2906 William Penn Highway

7:00 PM — One Primary Purpose
O 1h 15m
The Hope Center
429 E. Broad St Bethlehem, PA

7:30 PM — A Safe Place
O
St. John's Lutheran Church
200 South BRd St. Nazareth PA

7:30 PM — The W.I.T.S. Group
O
Christ United Methodist Church
400 West Berwick St, Easton

THURSDAY

7:00 AM — Morning Hope Dealers
O 1h
https://zoom.us/j/451321885
Meeting ID: 451-321-885
Password: 000000

7:00 PM — The Message Group
O 1hr
Hope Springs Community of Faith
301 Market St, Bangor, PA

7:00 PM — Spiritual Foundation
O
St. Peters Evangelical Lutheran Church
474 Vine St Bethlehem, PA

7:30 PM — Life After Death
O 1hr
St. John's Lutheran Church
330 Ferry St, Easton, PA

SUGGESTIONS:

Go to a meeting and don't use.
Attend a meeting a day for 90 days
Get a home group and get involved
Come early and stay late.
Avoid people, places, and things you used with or at.
Get a sponsor.

Get phone numbers and dial them.
Keep coming back – It Works!

FRIDAY

7:00 PM — One Addict Helping Another,
O 1hr
A Clean Slate 118 South 1st St
(Route 191) Bangor, PA

7:00 PM — Friday Night Meditation
C M
Advent Moravian Church
3730 Jacksonville Rd. Bethlehem PA

7:30 PM — Friday Night Reflections
O
United Methodist Church
219 Hardwick St Belvidere NJ

7:30 PM — Gift of Life
O
Christ United Methodist Church
400 West Berwick St, Easton

SATURDAY

10:00 AM — Creative Action
O 1hr 15m
The Hope Center
429 E. Broad St Bethlehem, PA

5:30 PM Women Turning it Over
1hr 30m
Blessed it Hope Church
42 Mercer Street
Phillipsburg NJ, 08865

7:30 PM — Freedom Through Fellowship,
O
Advent Moravian Church
3730 Jacksonville Rd Bethlehem

7:30 PM — Serenity by the River
O
Wesley United Methodist
35 Miller St, Phillipsburg

**** If you are interested in starting a meeting, bring your thoughts to Area Service – We'd love to help!***
The 3rd Saturday of Each Month
2906 William Penn Highway, Palmer Recovery Center @1:30 pm for ideas, suggestions, information and support.

TWIN RIVERS SERVICE MEETINGS:
3rd Saturday of Each Month
2906 William Penn Highway, Palmer Recovery Center @1:30PM
PUBLIC RELATIONS @12:15PM BEFORE AREA
****DESPRATELY IN NEED OF MEMBERS****
H&I @12:15PM BEFORE AREA
ACTIVITIES: The 1st & 3rd Tuesday of Every Month 6-7:30 PM - 255 Lincoln St, Phillipsburg, NJ 08865 – Phillipsburg Alliance Church
Note: Service meetings are not regular Narcotics Anonymous recovery meetings, however, they are open and available to addicts of all clean times and experience to participate in or observe.
There are no clean time requirements to join a subcommittee, though there are various clean time requirements for many of the available service positions. All addicts are encouraged to get involved with service and the subcommittees provide many opportunities to be of service within the fellowship.

- Handicap Accessible
- No Smoking
- Women's Meeting*
- Men's Meeting*
- Candlelight Meeting
- No Children
- O — Open Meeting, all are welcome
- C — Closed Meeting, addicts only
- Online Meeting
- M — Meditation Meeting
- Outdoor Meeting
- Step Writing Meeting

***In accordance with our traditions, Men's & Women's meetings will not turn any addict away.**

Get PHONE NUMBERS & use them!

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Who Is an Addict?

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death

Why Are We Here?

Before coming to the Fellowship of NA, we could not manage our own lives. We could not live and enjoy life as other people do. We had to have something different and we thought we had found it in drugs. We placed their use ahead of the welfare of our families, our wives, husbands, and our children. We had to have drugs at all costs. We did many people great harm but most of all we harmed ourselves. Through our inability to accept personal responsibilities we were actually creating our own problems. We seemed to be incapable of facing life on its own terms. Most of us realized that in our addiction we were slowly committing suicide, but addiction is such a cunning enemy of life that we had lost the power to do anything about it. Many of us ended up in jail or sought help through medicine, religion, and psychiatry. None of these methods was sufficient for us. Our disease always resurfaced or continued to progress until in desperation we sought help from each other in Narcotics Anonymous. After coming to NA, we realized we were sick people. We suffered from a disease from which there is no known cure. It can, however, be arrested at some point and recovery is then possible.

What is the NA Program?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

12 Steps of Narcotics Anonymous

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character. 7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others. 10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

12 Traditions of narcotics anonymous

1. Our common welfare should come first; personal recovery depends on NA unity. 2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.