

Welcome to the Twin Rivers Area Midday Meeting of Narcotics Anonymous

My name is _____ and I am an addict.

Can you please help me open this meeting with a moment of silence followed by the serenity prayer?
Thank you.

[chairperson share your screen and display the readings at <http://twinriversna.org/na-readings/>]

Could someone please read:

- Who is an Addict?**
- Why are We Here?**
- What is the NA Program?**
- How it Works**
- The 12 Traditions of NA**
- Could someone read the Just for Today Meditation? (someone reads)*

In NA, the only requirement for membership is the *desire* to stop using. In this meeting we ask that you be mindful of your environment, remain muted while others are sharing, and maintain an atmosphere of recovery.

[chairperson share your screen and display the keytags at <http://twinriversna.org/keytags/> you can select a member to read the keytags or do it yourself] Narcotics Anonymous and this group celebrate clean time which is the *complete* abstinence from all mood and mind altering substances, *including* alcohol, because alcohol is a drug.

Is anyone celebrating...

- 30 Days 60 Days 90 Days 6 months 9 months 1 year
- 18 months Multiple Years

Now for the most important person, is there anyone with **24 hours or less?**

Just to show the newcomer that this program works, would all those with a year or more clean please raise your hand?

Who has Just for Today?

Our 7th Tradition states that “our groups are fully self-supporting, declining outside contributions.” Donations are not necessary, but if you are an NA Member, you can donate to NA by visiting NA.ORG and clicking on the basket that says **CONTRIBUTE**, or you can save up your dollars until live meetings resume.

The Sunday Midday Meeting of Twin Rivers is Basic Text Stories Round Robin. We will read a story from the basic text, and then share in a round robin fashion. I have been writing down the names of people as they come in the room and we will go around the room in that order. Each person has an option of sharing on the story, on anything affecting their recovery, or passing to the next person to share. We will continue going around the room in this fashion until 12:45pm, at which time we will open the floor to anyone who hasn't had the opportunity to share.

[Thank Readers]

[12:45 **opening the floor statement**] Thanks everyone for reading. If you haven't had a chance to share yet, The floor is now open for discussion.

12:55pm: We save the last 5 minutes for burning desires. A burning desire is if you need to share about something affecting your recovery that makes you want to get high, hurt yourself or someone else. Does anyone have a burning desire?

Narcotics Anonymous and this group offer 9 suggestions:

- | | |
|--|---|
| <input type="checkbox"/> Avoid people places and things you used with and at. | <input type="checkbox"/> Get a homegroup |
| <input type="checkbox"/> Come early and stay late. | <input type="checkbox"/> Make 90 meetings in 90 days |
| <input type="checkbox"/> Go to meetings and don't use. | <input type="checkbox"/> Use the phone |
| <input type="checkbox"/> Get a sponsor | <input type="checkbox"/> Get involved in Service |
| | <input type="checkbox"/> Keep Coming Back, it works |

(If there is a speaker thank them again.) Can someone please read:

→ Just for Today

Could ____ please close the meeting with a moment of silence followed by
serenity prayer/third step prayer